

Neue. 1626.

A
New Almanacke,
and Prognostication
with the Forraigne Com-
putation, seruing for the year
of our Lord and Sauour
Iesus Christ, 1626.

*Being the second yeare after the
Bissextile or Leape-yeare.*

Rectified for the Eleuation
of the Pole Articke, and Meri-
dian of the auncient and fa-
mous Citie of NORWICH,
and may serue generally for
the most part of great
Britaine.

Practised, Penned, and Published
by Iohn NEVE, Gent.

LONDON:
Printed for the Company of

Stationers.

The Contents of this double Kalender, for the
 yeare of our Lord God, 1626. which is the second yeare after
 the Bissextile or Leape-yeare, according to the accompt
 and computation of the Church of England.

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Betweene Bartholomew and all Saints, is 9. weekes and 3. dayes.	

The Forraigne Computation.

The Prime of Golden number.	12
The Circle of the Sunne.	11
The Epact.	2
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Shrouesunday.	February 22
Easter day.	April 12
Ascension day.	May 21
Whitsunday.	May 31
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The space betwene Christmas and Shrouesunday, is 8. weekes and 3. dayes.	

A bricfe and necessary Computation of yeares,

From the Creation of the world untill this present yeare of our Lord God, 1626.	5596
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Since Nabuchadonoxer the King.	2374
Since Alexander the great dyed.	1950
Since Iulius Cæsar was slayne with bodkins.	1675
Since the happy birth of our Sauour Christ.	1626
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Since King Henry the 8. wonne Bolloigne.	82
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Since the fierp apparition in the heauens.	52
Since the depe Snow.	46
Since the generall Earth-quake in England.	45
Since the last Earth-quake in England.	24
Our Kings Moste High raigne, whom the King of heauen grant long and prosperously to Raigne ouer vs, Amen.	2

The Anatomy of Mans body, as the parts
thereof are governed, by the 12. celestiall
Signes:

Aries head and face.

Taurus
neck &
throat.

Cancer
breast
stomack
& lungs

Virgo
bowel
& belly

Scorpio
secrets
& bladder.

Capri-
cornus
knees.



Gemini
armes
& shoul-
ders.

Leo
heart &
backe.

Libra
reins &
loynes.

Sagita-
rius the
thighs.

Aqua-
rius the
legges.

Pisces the feete.

January

January hath xxxj. dayes.

Now if your body in health you'll keepe,
 . Warne meates for it is very meere :
 Fly Phisicke, Sloath, and Venerie,
 Auoid all Bathes most carefully.

		How star. da.			
i	b	Oca. Steph.	Canc. 9	Full moon	11
ii	c	Oca. John.	Canc. 21	the 1. day, at	12
iii	d	Oca. Immo.	Leo 3	hour 1. of the	13
iv	e	Edm. depos.	Leo 15	clocke in the	14
v	f	Thome day.	Leo 27	afternoone.	15
vi	g	Wed. come in	Virgo 9		16
vii	a	1. sun. af. Epi.	Virgo 21	Last quar-	17
viii	b	Agapite virg.	Libra 3	ter the 10. day,	18
ix	c	Paul. 1. Her.	Libra 15	33. min. after	19
x	d	Sol in Aquar.	Libra 27	4. of the clock	20
xi	e	Archad. mart.	Scorp. 10	in the after-	21
xii	f	Hilarie bish.	Scorp. 12	noone.	22
xiii	g	Felicta ptest.	Sagit. 5		23
xiv	a	1. sun. af. Epi.	Sagit. 19		24
xv	b	Marcellus.	Capri. 2	Conu. Paul.	25
xvi	c	Anthony dep.	Capri. 16		26
xvii	d	Prisca virg.	Aquar. 1	New moon	27
xviii	e	Wolston bish	Aquar. 15	the 17. day, 33.	28
xix	f	Feb. & Seb.	Pisces 0	min. after 10.	29
xx	g	Agnes virg.	Pisces 15	at night.	30
xxi	a	1. sun. af. Epi	Pisces 29		31
xxii	b	Tharme dep.	Aries 14	Febru. 1626.	1
xxiii	c	Timothy.	Aries 29	Purification.	2
xxiv	d	Con. of Paul	Taur. 13		3
xxv	e	Pollicarpe.	Taur. 27	First quer-	4
xxvi	f	Julian.	Gem. 19	ter the 14. day	5
xxvii	g	Valeri. bish.	Gem. 23	27. min. after	6
xxviii	a	4. sun. af. Epi.	Canc. 6	1. of the clocke	7
xxix	b	Barthol. quan.	Canc. 18	in the after-	8
xxx	c	Wict. & Sat.	Leo 0	noone.	9
xxxi			Leo 12		10

February hath xxviij. dayes.

This moneth as yet no Physicke vse,
For feare that you your selfe abuse:
Bleede not nor bathe, be rulde by me,
Except vpon necessitie.

f	d	Paidget. fast	Leo. 25	Full mone	11	g
q	e	Purification.	Virgo. 6	the 1. day, 52.	12	a
iq	f	Blase Bish.	Virgo. 18	min. after 6.	13	b
tiq	g	Gilbert con.	Virgo. 29	of the clocke	14	c
b	a	Septuagesim.	Libra. 11	in the mozne.	15	d
bi	b	Wed. go out.	Libra. 23		16	e
bij	c	Anale bishop.	Scorp. 5	Last quar-	17	f
bij	d	Paul bishop.	Scor. 18	ter the 9. day,	18	g
ix	e	Solin Pisces.	Sagit. 0	51. min. after	19	a
x	f	Scholast. vir.	Sagit. 13	10. of the clock	20	b
xi	g	Enragi.	Sagit. 27	in the mozne.	21	c
xij	a	Peragesima	Capr. 10		22	d
xij	b	Terrie ends	Capr. 25		23	e
xliij	c	Valentine:	Aquar. 9	S. Mathias.	24	f
xb	d	Faustine.	Aquar. 24	New mon	25	g
xbi	e	Julian. virg.	Pisc. 9	the 16. day, 47.	26	a
xbij	f	Holston bish	Pisc. 24	min. after 8. in	27	b
xbij	g	Simcon.	Aries 9	the morning.	28	c
xix	a	Shrove tuad.	Aries 23	March, 1626.	1	d
xx	b	Mildred vir.	Taur. 8		2	e
xxi	c	70. Martyrs.	Taur. 22	First quar-	3	f
xxij	d	Cath. Peter.	Gem. 6	ter the 23. day	4	g
xxij	e	Holicarp. fast	Gem. 19	9. min. after 1.	5	a
xxliij	f	Mathias Ap	Cancer 2	of the clocke	6	b
xxb	g	Andrew. Paul	Cancer 15	in the mozne.	7	c
xxbi	a	1. sen. in lent.	Canc. 28		8	d
xxbij	b	August. bish.	Leo 10		9	e
xxbij	c	Oswal. Arch.	Leo 22		10	f

March hath xxxj. dayes.

Now March begins the springing time,
The Sunne hath got the equall line :
Vle Physickes Art and all thy skill,
To helpe diseases that be ill.

i	d	Ember weeke.	Virgo 3		11	g
ii	e	Thadde bish.	Virgo 15	Full mone	12	a
iii	f	Maurice.	Virgo 27	the 3. day, 14.	13	b
iiii	g	Isidan.	Libra 8	min. after 1 of	14	c
v	a	1. sun. in lent.	Libra 20	the clocke in	15	d
vi	b	Nicolas & vic.	Scorp. 2	the morning.	16	e
vii	c	Perpetuus.	Scorp. 14		17	f
viii	d	Felix mart.	Scorp. 26	Last quar-	18	g
ix	e	40. Martys.	Sagit. 9	ter the 11. day	19	a
x	f	Agapite btr.	Sagit. 22	31. min. after	20	b
xi	g	Solin Aries.	Capric. 5	1. of the clocke	21	c
xii	a	Gregorie.	Capric. 19	in the mozne.	22	d
xiii	b	Theodore.	Aquar. 3		23	e
xiiii	c	Candide.	Aquar. 17		24	f
xv	d	Longin. mar.	Pisces 2	Annun. Mary	25	g
xvi	e	Boniface bish	Pisc. 17	New mone	26	a
xvii	f	Gertrude vir.	Aries 2	the 17. day. 55.	27	b
xviii	g	Edward king	Aries 17	min after 5. at	28	c
xix	a	4. sund. in lent	Taur. 2	night.	29	d
xx	b	Euthbert.	Taur. 17		30	e
xxi	c	Benedictus.	Gem. 1	April 1626.	31	f
xxii	d	Affrodollus.	Gem. 15		1	g
xxiii	e	Theod. bish.	Gem. 28		2	a
xxiiii	f	Agapite. last	Canc. 11	First quar-	3	b
xxv	g	Annun. Mary	Can. 24	ter the 24. day	4	c
xxvi	a	5. sund. in lent	Leo 6	55 min after 2	5	d
xxvii	b	Init. reg. Car.	Leo 19	of the clocke	6	e
xxviii	c	Dorothee vir.	Virg. 1	in the after-	7	f
xxix	d	Quintine.	Virg. 12	none.	8	g
xxx	e	Quirine.	Virg. 24		9	a
xxxi	f	Adelme.	Libra 6		10	b

Aprill hath xxx. dayes.

This Aprill with his stormy showers,
Doth make the earth y^eld pleasant flowers:
Purge well therefore, for it is good,
To helpe thy body and cleansethy bloud.

i	g	Stidard.	Libra 18	11	c
ii	a	Richard bish.	Libra 29	12	c
iii	b	Ambrase bish.	Scorp. 11	13	c
iiii	c	Martian.	Scorp. 23	14	f
v	d	Sextus bish.	Sagit. 6	15	g
vi	e	Egislappus.	Sagit. 18	16	a
vii	f	Perpetu. fast	Capric. 1	17	b
viii	g	Easter day.	Capric. 14	18	c
ix	a	July bish.	Capric. 28	19	c
x	b	Solin Taurus.	Squar. 12	20	c
xi	c	Oswald arch.	Squar. 26	21	f
xii	d	Senone.	Pisc. 11	22	g
xiii	e	Dyffe.	Pisc. 26	23	a
xiiii	f	Leonard.	Aries 11	24	b
xv	g	Adoze bish.	Aries 26	25	c
xvi	a	Colmy.	Taur. 10	26	c
xvii	b	Alaxian.	Taur. 25	27	c
xviii	c	Piphege bish.	Gem. 9	28	f
xix	d	Victor bish.	Gem. 23	29	g
xx	e	Simon bish.	Gane. 6	30	a
xxi	f	Wether bish.	Gane. 19	1	b
xxii	g	S. George.	Leo 2	2	c
xxiii	a	Wilfrid bish.	Leo 15	3	c
xxiv	b	Thomas bish.	Leo 27	4	c
xxv	c	Thomas beg.	Virgo 9	5	f
xxvi	d	Clement bish.	Virgo 21	6	g
xxvii	e	Michaelis bish.	Libra 3	7	a
xxviii	f	Peter of mil.	Libra 15	8	b
xxix	g	Erkenwald.	Libra 27	9	c
xxx	a		Scorp. 4	10	c

May hath xxxj. dayes.

Now gallant May in his array,
Doth make the fields pleasant and gay :
Walke early now for thy healths sake,
And still thou maist some Phisicke take.

i	b	Pule. Jac.	Decr. 21	Full moon	11 c
ii	c	Behanassus.	Magt. 3	the 1. day, a	12 f
iii	d	Inuen. crosse.	Magt. 15	about 10. in the	13 g
iiii	e	Florien.	Magt. 28	morning.	14 a
v	f	Goddard.	Capit. 11		15 b
vi	g	Iohn port lat.	Capit. 24	Last quar	16 c
vii	a	Iohn of Be.	Quar. 8	ter the 8. day,	17 d
viii	b	App. Mich.	Quar 22	47. min after	18 e
ix	c	Theophilus.	Pilces 07.	at night.	19 f
x	d	Exodian.	Pisc. 21		20 g
xi	e	Abelly.	Aries 6	New moon	21 a
xii	f	Sol in Gemini	Aries 20	the 17. day, 17	22 b
xiii	g	Bonifac.	Taur. 5	min. after 11 in	23 c
xiiii	a	Wogan. Luna.	Taur. 19	the fozenone.	24 d
xv	b	Wed. go out.	Gem. 3		25 e
xvi	c	Diolecoz. mar.	Gem. 17	Full quar	26 f
xvii	d	Trans. War.	Canc. 1	ter the 22. day,	27 g
xviii	e	Alcantion d. 2	Canc. 14	19. min. after	28 a
xix	f	Bernardine.	Canc. 27	11. at night.	29 b
xx	g	Hellen queen.	Leo 10		30 c
xxi	a	Italian Virg	Leo 22	Whituesday.	31 d
xxii	b	Leo 22	Virgo 5	June 1626.	1 e
xxiii	c	Trans. of fr.	Virgo 17		2 f
xxiiii	d	Adelme bish.	Virgo 29		3 g
xxv	e	August of en.	Libra 11	Full moon	4 a
xxvi	f	S. Bede.	Libra 24	the 30. day, 58.	5 b
xxvii	g	German mar	Decr. 5	min. after 10.	6 c
xxviii	a	Whituesday	Decr. 17	of the clocke	7 d
xxix	b	Cozon mar.	Decr. 29	at night.	8 e
xxx	c	Felix bish.	Mag. 12		9 f
xxxi	d	Petronill.	Mag. 25		10 g

June hath xxx. dayes.

This moneth of June vse clarified Whay,
Boyl'd with coole hearbs, drinke alway :
From violent exercise now abstaine,
Except thou wilt in trouble remaine.

i	e	Ember weeke.	Capri. 8	Last quar-	11 a
ii	f	Percellus.	Capri. 21	ter the 7. day,	12 b
iii	g	Gras nup.	Aquar. 5	17. min be-	13 c
iiii	a	Trinitie Sund.	Aquar. 18	foze 1. of the	14 d
v	b	Wed. come in	Disces 3	clocke in the	15 e
vi	c	Trinit. Wol.	Disces 16	morning.	16 f
vii	d	Will. Arch.	Aries 1		17 g
viii	e	Corp. Christi.	Aries 16	Peto moon	18 a
ix	f	Earl of Beg.	Taur. 9	the 13. day, 18.	19 b
x	g	Julian Conf.	Taur. 15	min. after 9. of	20 c
xi	a	Burnaby.	Taur. 29	the clocks at	21 d
xii	b	Sol in Cancer	Gem. 13	night.	22 e
xiii	c	Antho. conf.	Gem. 16		23 f
xiiii	d	Trans. of Bl.	Cance 9	14. daye	24 g
xv	e	Wite modest.	Cancer 22	First quar-	25 a
xvi	f	Beall bish.	Leo 5	ter the 21. day	26 b
xvii	g	Botolph con.	Leo 17	34 min. after	27 c
xviii	a	1. Jun. St. trin.	Virgo 0	4 in the after-	28 d
xix	b	Nat. rex iacob.	Virgo 12	noone.	29 e
xx	c	Trans. Edm	Virgo 24		30 f
xxi	d	Walb. birg.	Libra 6	July 1616.	1 g
xxii	e	Abern mar.	Libra 19	Full moone	2 a
xxiii	f	Cheld. fast	Scorp. 1	the 29. day, 2-	3 b
xxiiii	g	14. Baptis.	Scorp. 13	bout 10. of the	4 c
xxv	a	3. Jun. St. trin.	Scor. 26	clocke in the	5 d
xxvi	b	John & Paul	Sagit. 8	morning.	6 e
xxvii	c	Cresmart.	Sagit. 21		7 f
xxviii	d	Time enua	Capri. 4		8 g
xxix	e	Peter Apost.	Capri. 17		9 a
xxx	f	Tom. of Paul	Aquar. 1		10 b

Iuly hath xxxj. dayes.

Now in Iuly Dog dayes begin,
 The Riuer is best to bathe in :
 To take hot drinckes be not too bold,
 But vse hearbs which be moyst and cold.

i	g	Dea of Job	Aquar. 15	East quar-	11	c
ii	g	Wife of Ma.	Aquar. 29	ter the 6 day,	12	d
iii	b	Trans. Tho.	Pisces 13	abo t s. of the	13	e
iiii	c	Trans. Mar.	Pisces 28	clocke in the	14	f
v	d	Joe virgin.	Aries 12	mozing.	15	g
vi	e	Oct. of Peter	Aries 27		16	a
vii	f	Martialls.	Taur. 11	New moon	17	b
viii	g	Christlan.	Taur. 25	the 12. day, 45	18	c
ix	g	5. sun. af. trin.	Gem. 9	min. after 8. of	19	d
x	b	7. Bethzen.	Gem. 23	the clocke in	20	e
xi	c	Trans. of Be.	Cancer 6	the mozing.	21	f
xii	d	Baroz & fel.	Canc 19		22	g
xiii	e	Solin Leo.	Leo 1		23	a
xiiii	f	Christopher.	Leo 14		24	b
xv	g	Trans. Smt.	Leo 26	James Sp.	25	c
xvi	g	6. sun. af. trin.	Virg. 8	first quar-	26	d
xvii	b	Alexius.	Virg. 20	ter the 21. day,	27	e
xviii	c	Rosina.	Libra 2	39. min. after	28	f
xix	d	Dog daies beg.	Libra 14	9 of the clocke	29	g
xx	e	Prunattus.	Libra 26	in the loze	30	a
xxi	f	Marx virg.	Scorp 8	none.	31	b
xxii	g	Mary Mag.	Scor. 21	August 1626.	1	c
xxiii	g	7. sun. af. trin.	Sagit. 3	Full moon	2	d
xxiiii	b	Christi. fast	Sag. 16	the 28. day, 22	3	e
xxv	c	James ap.	Sag. 29	min. after 7. of	4	f
xxvi	d	Matth. of M	Capr. 12	the clocke at	5	g
xxvii	e	Carolus.	Capr. 26	night.	6	a
xxviii	f	Felix & his fel	Aquar. 10		7	b
xxix	g	Damp. bishop	Aquar. 24		8	c
xxx	g	8. sun. af. trin.	Pisces 8		9	d
xxxi	d	German. bish.	Pisces 23		10	e

August hath xxxj. dayes.

This month of August take good heed,
For now will many surfets breede :
Let little sleepe thee now content,
If that diseases thou'lt preuent.

f	c	Lammes day	Aries 8		11	f
g	d	Steph. bish.	Aries 23	Last quar	12	g
iii	e	Inuent. St.	Taur. 7	ter the 4. day,	13	a
iiii	f	Juss. priest.	Taur. 22	15. min. after	14	b
b	g	Transfigura.	Gem. 6	10. of the clock	15	c
vi	a	Cir. & his fel	Gem. 19	in the fore	16	d
vii	b	Fest of Je.	Cancer 3	none.	17	e
viii	c	Tiburt mar.	Canc. 16		18	f
ix	d	S. Laurence.	Canc. 28	New moon	19	g
x	e	Roman mar.	Leo 11	the 11. day, 14.	20	a
xi	f	Clare virg.	Leo 23	min. after 10.	21	b
xii	g	10. sun. af. trin	Virgo 5	of the clocke	22	c
xiii	a	Sol in Virgo.	Virgo 17	at night.	23	d
xiv	b	Assen of Ma.	Virgo 28	Barthol. Ap.	24	e
xv	c	Boch. mart.	Libra 10		25	f
xvi	d	Oct. Law.	Libra 22	First quar	26	g
xvii	e	Agapite virg	Scorp. 4	ter the 20. day	27	a
xviii	f	Magn. mar.	Scorp. 16	55. min. after 1	28	b
xix	g	11. sun. af. trir.	Scorp. 28	in the moine.	29	c
xx	a	Bernard.	Sagit. 11		30	d
xxi	b	Timothy.	Sagit. 14		31	e
xxii	c	Scuth. fab	Capr. 7	Septemb. 1626.	1	f
xxiii	d	Lewis king	Capr. 20		2	g
xxiv	e	Dog day end.	Squar. 4		3	a
xxv	f	12. sun. af. trir.	Squar. 18		4	b
xxvi	g	August bish.	Disces 3	Full moon	5	c
xxvii	a	Dec. of John	Disces 17	the 27. day, 50	6	d
xxviii	b	Felix & And.	Aries 2	min. after 3. of	7	e
xxix	c	Cuth. virg.	Aries 17	the clocke in	8	f
xxx	d		Taur. 2	the moining.	9	g
xxxi	e		Taur. 17		10	a

September hath xxx. dayes.

Now maist thou Phyficke safely take,
And bleed and bathe for thy healkhs sake:
Eate Figges and Grapes, and Spicery,
For to refresh thy members dry.

i	e	Stiles Abbot	Gem. 1	Last quar	11 b
ii	g	Antho. mart.	Gem. 15	ter the 1. day,	12 e
iii	a	13. sun. at. trin	Gem. 29	12. min. after	13 o
iiii	b	Trans. Cut.	Canc. 12	6. at night.	14 c
v	c	Hercules.	Canc. 25		15 f
vi	d	Eugenius.	Leo 8	New man	16 g
vii	e	Mat. Elizab.	Leo 20	the 10. day, 52	17 a
viii	f	Mat. of Ma.	Virgo 2	min. after 1. in	18 b
ix	g	Corgon mar.	Virgo 14	the afterna ne.	19 c
x	a	14. sun. at. trin	Virgo 25		20 o
xi	b	Martian.	Libra 7	Maithew Ap.	21 e
xii	c	Stilutus bish.	Libra 19		22 f
xiii	d	Imaritia.	Scozp. 1	First quar	23 g
xiiii	e	Solin Libra.	Scozp. 13	ter the 18. day	24 a
xv	f	Oda of mar.	Scozp. 25	52. min. after	25 b
xvi	g	Euphemia.	Sagitt. 7	4. of the clock	26 c
xvii	a	15. sun. at. trin	Sag. 19	in the after-	27 d
xviii	b	Victore Coy.	Capr. 2	nore.	28 e
xix	c	Januar. mar.	Capr. 15	Michael Ari.	29 f
xx	d	Emb week, fast	Capr. 29		30 g
xxi	e	Maithew Ap.	Aquat. 12	Octob. 1626	1 h
xxii	f	Maurice.	Aquat. 27		2 i
xxiii	g	Eecta virg.	Pisc. 11	Full moon	3 k
xxiiii	a	16 sun. at. trin.	Pisc. 26	the 25. day, 20	4 l
xxv	b	Firmin mart.	Aries 11	min. after	5 e
xxvi	c	Cypri. e Just.	Aries 26	high-nane.	6 f
xxvii	d	Cosm. e Da.	Taur. 11		7 g
xxviii	e	Cypri.	Taur. 26		8 a
xxix	f	St. B. Seb.	Gem. 10		9 b
xxx	g	Hierom prest	Gem. 24		10 c

October hath xxxj. dayes.

This month hot drinkes and meates be good,
To keepe thy health and nourish thy blood:
Prouide warme cloathes, and goe dry,
Thou shalt escape much danger thereby.

i	a	17. sun. af. trin	Cancer 8			11	e
ii	b	Leodag. bish.	Canc. 20	Last quar-		12	e
iii	c	Candide mar.	Leo 4	ter the 2. day,		13	f
iiii	d	frances.	Leo 17	45. min. after		14	g
v	e	Appolin bish.	Leo 29	5. of the clocke		15	a
vi	f	faith virg.	Virgo 11	in the mozne.		16	b
vii	g	Whet e mar.	Virgo 23			17	c
viii	a	18. sun. af. trin	Libra 5	Luke Euan.		18	d
ix	b	Tearme beg.	Libra 16	Peto moon		19	e
x	c	Stat e b'cto.	Libra 28	the 10. day, 13.		20	f
xi	d	Nicha. Bish.	Scorp. 10	min. after 7. in		21	g
xii	e	Wilfrid virg	Scorp. 22	the morning.		22	a
xiii	f	Trans. of Ed.	Sagit. 4	First quar-		23	b
xiiii	g	Solin Scorpio.	Sag. 16	ter the 18. day		24	c
xv	a	19. sun. af. trin	Sag. 28	53. min. after		25	d
xvi	b	Mich. mount.	Capric 11	5. in the mozn		26	e
xvii	c	Trans. Ethel.	Capri. 24	Full mone		27	f
xviii	d	Luke Euan.	Aquar. 7	the 24. day, 16.		28	g
xix	e	Frofwicke.	Aquar. 21	min. after 9.		29	a
xx	f	Dulcrebert.	Pisc. 5	at night.		30	b
xxi	g	11 m. Virgins	Pisc. 20	Nouemb. 1626		31	c
xxii	a	20. sun. af. trin	Aries 5			1	d
xxiii	b	Magloze.	Aries 20			2	e
xxiiii	c	Trans. John	Taur. 5			3	f
xxv	d	Crisp. & Cris.	Taur. 19	Last quar-		4	g
xxvi	e	Ursula virg.	Gem. 4	ter the 31. day,		5	a
xxvii	f	Florence. fast	Gem. 19	12. min. after		6	b
xxviii	g	Wims Jude.	Cancer 3	9. of the clocke		7	c
xxix	a	21. sun. af. trin	Canc. 16	at night.		8	d
xxx	b	German bish.	Leo 0			9	e
xxxi	c	Quintin. fast	Leo 12			10	f

November hath xxx. dayes.

Now maist thou drinke sweet wines freely,
And vse good mirth and company:
Abstaine from wrath and all enuie,
And vse thy brethren charitably.

d	d	All Saints.	Leo 25	11 g
q	e	All Soules.	Virgo 8	12 a
iq	f	Winefrid.	Virgo 10	13 b
iiq	g	Matth. Bish.	Libra 2 the 9. day. 56.	14 c
b	a	Wapstg con.	Libra 14 min. before 1.	15 d
bi	b	Leonard.	Libra 26 of the clock in	16 e
bq	c	Mulfred bish.	Scorp. 7 the morning.	17 f
biiq	d	4. Crowned.	Scorp. 19	18 g
ix	e	Theob. mar.	Sagit. 1	19 a
x	f	Bennet.	Sagit. 13 the 16. day.	20 b
xi	g	Martin bish.	Sagit. 25 37. min. after	21 c
xii	a	Wille Bish.	Capric. 8 of the clocke	22 d
xiii	b	Solin Sagit.	Capric. 20 in the after	23 e
xiiii	c	Trans. Crh.	Squar. 3 none.	24 f
xv	d	Macute bish.	Squar. 17	25 g
xvi	e	S. Hugh.	Pisces 1	26 a
xvii	f	O& Mart.	Pisc. 15	27 b
xviii	g	Eliza. mar.	Pisc. 29	28 c
xix	a	14. sun. af. trin	Aries 14	29 d
xx	b	Edmund kin.	Aries 29	30 e
xxi	c	Phil. of Ws.	Taur. 14	1 g
xxii	d	Cicely virg.	Taur. 28	2 a
xxiii	e	Clement bish.	Gem. 13	3 b
xxiiii	f	Gysfog. mar.	Gem. 27	4 c
xxv	g	Katharin vir.	Canc. 11	5 d
xxvi	a	25. sun. af. trin	Canc. 24	6 e
xxvii	b	Agricola.	Leo 7	7 f
xxviii	c	Thomas con.	Leo 20	8 g
xxix	d	Saturn. last	Virgo 3 55. min. after	9 a
xxx	e	Andrew Ap.	Virgo 163. in the after	10

New moon
 the 9. day. 56.
 min. before 1.
 of the clock in
 the morning.
 1st quar-
 ter the 16. day.
 37. min. after
 of the clocke
 in the after-
 none.
 3rd quar-
 ter the 23. day. 46.
 min after 7. in
 the forenoon.
 Full moon
 the 30. day
 55. min. after
 none.

December hath xxxj. dayes.

This Moneth as I doe now remember,
The twenty five of this December :
Our Saniour Christ was borne that day,
That we might praise his name alway.

i	f	Elezr. bish.	Virgo 28		11	b
ii	g	Libanus mar.	Libra 10	New moon	12	c
iii	a	Aduent. iour.	Libra 22	the 8. day. 45.	13	d
iiii	b	Wed. yee o'ist.	Decoy. 4	min. after 6. of	14	e
v	c	Abbe Abbot	Decoy. 16	the clocke at	15	f
vi	d	Nichol. bish.	Decoy. 28	night.	16	g
vii	e	Octa of An.	Agst. 10	First quar-	17	a
viii	f	Concep. of m.	Agst. 22	ter the 16. day	18	b
ix	g	Cyprian Ab.	Capri. 5	26. min. after	19	c
x	a	1. sun. in Ad.	Capri. 17	1. of the clock	20	d
xi	b	Damas. bish.	Aquar. 0	in the moene.	21	e
xii	c	Solin Capric.	Aquar. 14		22	f
xiii	d	Luce virg.	Aquar. 27		23	g
xiiii	e	Othelle virg.	Discey 11		24	a
xv	f	Waterlan.	Disce. 25	Christmas.	25	b
xvi	g	O Sapient.	Aries 10	Stephen ma.	26	c
xvii	a	3. sun. in Ad.	Aries 24	John. Euen.	27	d
xviii	b	Exaltan vir.	Taur. 9	Innocent.	28	e
xix	c	Wenella virg.	Taur. 23	Full moon	29	f
xx	d	Emb. week fast	Gem. 8	the 22. day, at	30	g
xxi	e	Thomas Ap.	Gem. 22	8. at night.	31	a
xxii	f	30. Martyrs.	Canc. 6	January 1626.	1	b
xxiii	g	Victor. fast	Canc. 19		2	c
xxiiii	a	4 sun. in Ad.	Leo 2		3	d
xxv	b	Christiane.	Leo 15		4	e
xxvi	c	Stephen ma.	Leo 28	Last quar-	5	f
xxvii	d	John. Euen.	Virgo 11	ter the 30. day,	6	g
xxviii	e	Innocents.	Virg. 23	44. min. after	7	a
xxix	f	Tho. Becket	Libra 5	high-noon.	8	b
xxx	g	David.	Libra 18		9	c
xxxi	a	Siluek. bish	Libra 29		10	d

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A Prognostication serving for
the yeare of our Lord God and

Saviour Iesus Christ.

1626.

Wherein you may obserue, the
grounds of the alteration and condi-
tion of the foure quarters of this yeare, &
also the disposition of the Ayer for each severall
Moneth, according to the inclination of the Ce-
lestiall bodies, with the change of the Moone,
and the tyme of the Eclipses: and other necessarie
observations, Convenient in such a worke to
bee noted.

Calculated, and especially referred to the
longitude and elcuation of the Pole Articke of the
ancient and famous Cittie of Nor-
wich, and may serue in-
differently for all
England,

Collected and published by

John Neve, Gent.

A necessary rule to knowv the beginning and ending of euery Terme, with their Returnes.

Hillarie Terme beginneth the 23. daie of January, and
endeth the 12 of february, and hath foure returnes.
O^{ctabis} Hillarij. } } Crastino Purifica.
Quind. Hillarij. } } O^{ctabis} Purifica.

Easter Terme, beginneth the 26. of Aprill, and endeth the
22. of May, hauing fīue returnes.
Quind. Paschæ. } Mensē paschæ. } Quinque paschæ.
Tres paschæ. } } Crast. Ascen.

Trinitie Terme beginneth the 9. of Iune, and endeth
the 28. of Iune, and hath 4 returnes.
Crasti. Trinitatis. } } Quind. Trinitatis.
O^{ctabis} Trinitatis. } } Tres Trinitatis.

Michaelmas Terme beginneth the 9. of October,
and ends 28 of Nouember, and hath 8 returnes.
O^{ctabis} Michael. } } Crast. Animarum. }
Quind Michael. } } Crast. Martinj. }
Tres Michael. } } O^{ctabis} Martinj. }
Mensē Michael. } } Quind. Martinj. }

Note that the Exchequer openeth Eight dayes before
any Terme begins, except Trinity Terme, in which
it openeth but foure dayes before.

On these dayes following, the Judges sit not at
Westminster.

In } Hillarie. } } Candlemas } }
} Easter. } } Ascension } }
} Trinitie. } } Midsummer } }
} Michael. } } Wholland } }
Certayne

Certaine profitable Rules, and briefe observations concerning husbandrie.

The best time to sow all kind of Cozne, is when the
mone goeth her course in Cancer.

The best time to plant and graft, when the Moone
is in a fixed signe, especially in Taurus or Aquarius, and
in the increase of the Moone, which is betwene the
change and the full.

To set & sow all kind of seedes, the moone being well
scated in Aries, Taurus, Cancer, Virgo, Libra, Capricor-
nus, Aquarius, or Pisces.

Fell Timber to build withall, when the Moone is
towards the last quarter, shee being then in Aquarius,
or Pisces.

Crop trees & fell wood to burne, that the stocke may
the better and sooner grow againe, when the Moone is
in the first quarter.

Remoue and set young trees, in the last quarter of
the moone, in Taurus, or Capricornus, and that in the
moneth of September, October, November, & Febru-
arie.

The best time to geld cattell, the moone being in
Aries, Sagittarius, or Capricornus.

The best time to cut Vines, is in Februarie or
March, the moone increasing, in Taurus, Virgo, or Li-
bra.

The best time to sheare sheepe, is in the increasing
of the moone, and that is from the change to the full.

To cut haye, that it may the sooner grow againe,
the moone increasing in Taurus, Virgo, or Libra.

To mucke your land that the weeds may not grow
thereby, is in the decreasing of the moone, that is from
the full to the change.

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*Of the Eclipses, which shall happen this present
yeare of our Lord God. 1626.*

There shall appeare and be presented vnto the view
of the Inhabitants, (vpon this our Terrestrial
Globe) this yeare of our Lord God, Thre Eclipses
of the two great lights of heauen: whereof those two
of the Sun, shall not be apparent in our Horizon.

Of the first Eclipse, of the Sun.

There will visibly appeare a great Eclipse of the
Sun, vnto the view of the people which doe inha-
bite towarde the East and South from vs, which is
about the Ilands of Madagascar, S. Lawrence, and o-
ther parts next adioyning, vpon the 15. day of Februa-
ry after our Computation, but according to the refoz-
med yeare, on the 25 of the same moneth, at which time
both the great lights shall be coniuacted about the 7. de-
gree of Pisces, neare Cauda Draconis, in a signe of the
watery Triplicity, cold and moyst, feminine, noctur-
nall double bodied, common and phlegmaticke, the house
of Iupiter, and the exaltation of Venus, &c.

The poynts of degrees Eclipsed, is 12. and 15 min:
The totall duration from the beginning to the ending,
will be Two houres and almost 50 minuts.

Of the second Eclipse, of the Moone.

Vpon the 28 of Iuly being Cryday, from the going
downe of the Sun, vntill about 8 of the clocke at night,
shall apparently be scene a little or small Eclipse of the
Moone in our Horizon, by reason of the earthes inter-
position betwene the Sun and her, shee being at that
instant placed in the second face of Aquarius, and diamet-
trally

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trally opposit's vnto the Sun, (neare Cauda draconis) in a signe of the ayrie Triplicity, naturally hot & moyst of complexion Sanguine, Masculine of the day, accidental, fire, and th' house of Sathan. This Lunary obscuration will be one houre and 8 min: the points of degrees Eclipsed are not any, but 53. minuts.

Of the Third Eclipse, of the Sunne.

There shall appeare another great Eclipse of the bright Globe of the Sun, vnto the Inhabitants which are now situated in the westernne parts of Mexico, vpon th: 11 of August according to our computation, but after the Grecian yeare on the 21 of the same moneth, both the lunaries being about the 28. deg: and 16. minuts in Leo, (not farre from Caput draconis) in a signe of the partition of the fiery Triplicity, naturally hot and dry, of complexion Colericke, Masculine, orientall, diurnall, fixed, and the house of the Sunne: The total duration of the Sunnes obscuration, will be foure houres and 46. minuts, The points of degrees Eclipsed, as a 11. and 41. minuts.

The great Coniunctions of great Starres,

The Eclipse of Sunne and Moone:

Doth threat great death, great death & warres,

If we repent not soone.

Now God above, and wrath above,

And Heauen above relent,

And man beneath, and sinne beneath,

And Earth beneath, Repent.

Briefe Rules and necessary obseruations, concerning Bleeding, Bathing, Purging, and sweating, according to the motions of the Moone.

When the weather is either extreame hot or cold, it is not then conuenient, either to let blood or to purge, vnlesse some great necessity doe require it: yet notwithstanding if this blood-letting be for the Phrensie, the Apoplexie, for a continuall head-ach proceeding of choller or blood, or any hot burning feuer or other extreame payne, a man in such a case may not tarry a chosen time, because the patient might miscarrie in the meane season. But in this aforesaid case of extremitie, blood is not to be let in such a quantitie as otherwise it would, if a chosen time might be expected.

The best time to let the Phlegmaticke blood, is when the Moone is in ♀, or ♄, the head and thighes excepted.

For the Melancholick, the moone being in ♀, or ♄, the buttockes and legges excepted.

For the Cholerick, the Moons being in ♄, or ♄, the brest and face excepted.

For ♀ Sanguine, all be good which before is named.

In the spring time let blood at the right side.

In Harvest time let blood at the left side.

For Bathing.

Bathings, are commonly vsed rather for pleasure then for profit, especially where hot-houses are overmuch haunted: But I mind not to speake of them in this place, otherwise then to aduertise those that tender their owne health, to be warie and circumspect in resorting vnto them without cause, and immediately after or with such persons as be vnclane. Know that it is not good to bathe when the Moone is in earthly signes

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signes, as in γ or ν . the reason is, because they are of a cold and dry nature, and the nature of cold is, to restrain and bind, & so the Moone being in these signes, the pores of the body are closed and shut, so that there can be no resolution of humors and superfluities which by bathing ought to be annoyed.

But in fiery signes, as when the moone is in γ . α . or β . then it is a good time for bathing, for then the body is apt to resolution, for it is the nature of heate to open and resolve.

It is best bathing 2 or 3 dayes after the change, and at the full of the Moone, for then the superfluities are ripe and ready to annoy, and disposed to flow and issue out, which indeed is the end and p'se of bathing.

If any will enter into the bath, onely for cleanness sake, let the Moone be in α . or β .

Furthermoze, if Bathing be vsed for health, let the partie grieved, learne of the wise Physitian, whether his sicknesse hath need of moistening or drying, for if it doth require moistening, as in Pthisis, & such like, then let him Bath in watery signes, hauing good aspect of γ . and β . But if the sicknesse require drying as in Paralysis and the like, then let him Bathe, the moone being in fiery signes, hauing good aspects of β . and the Sonne.

Also befoze you enter into any Bath, your body must be first purged, for if you goe in vnprepared and unpurged, peraduenture you may be worse after then befoze.

The best time of the yeare to Bathe in, is in the Spring, and Haruest, and in the Moneth of May and September. The best time of the day to goe into the Bath, is one houre after the Sun rising at the least, alwaies provided, that you must walke either an houre

or halfe an houre before, and haue a stoule either by nature or Art: you must coney your head well so long as you bee in the Bath, and beware you drinke not cold drinke although you be very thirsty, but forbear all things that be cold, least when you are hot within, and cold strikes suddenly into some principall member, and so hurt you.

The time of tarying in the Bath, is commonly one houre, but it may be more or lesse, according to the nature of the bath, or sicknesse of the party, at the discretion of the wise Physician.

For Purging.

In purg-	[1]	The humors which aboundeth.	
ing, these		[2]	The best way to auoid it.
5. things		[3]	The strength of the person.
ought to		[4]	The manner of the sicknesse.
be knowne		[5]	The force and nature of the medicine.

For when these things are not considered and obserued, many perillous accidents may follow, and greatly hurt and grieue the body.

Good signes for purging generally, are Cancer, Scorpio, and Pisces.

Particularly, as with potions or drinckes, in scorpio. Purge with electuaries, the moone being in Cancer. Purge with Pills, the moone being in Pisces.

Take preparatiues, the Moone being in Gemini, Libra, or Aquarius.

Take vomits, the Moone being in Aries, Taurus, or Capricorne.

Take Gargarises, the Moone in Aries, Cancer, or Capricorne.

Take Clysters, the Moone in Libra, or Scorpio.

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To pzoouke nēling, the Moone in Cancer, Leo, & Libra.

To stop fluxes, rhumes, and laxes, the moone being in Taurus, Virgo, & Capricornus.

Good to comfort the vertue attractiue, the moone in Aries, Leo, & Sagittarius.

Good to comfort the vertue digestiue, the moone in Gemini, Libra, & Aquarius.

Good to comfort the vertue retentiue, the moone in Taurus, Virgo, & Capricornus.

Good to comfort the vertue expulsiue, the moone in Cancer, Scorpio, & Pisces.

For vsing of Unguents & plaisters, it is best applyed, when the moone is in that signe which gouerneth the same member & part of the body to which it is applyable.

For Sweatings.

Sweatings as they are of two sorts, that is to say, naturall and artificiall, so they are bled for two ends and purposes: The naturall sweat, if good hēde be taken in opening of the pores, will dissolue grosse and thicke humors, will cleanse the blood, will comfort the Spirits, will put away cold, will consume raw humors, qualifie and quench raging feuers, will helpe numbnesse, and the dropsie.

The artificiall sweat, will cleanse scabs, put away itch, amend dūlnesse in hearing, ease stone, resoluē cold and cold Melancholy blood and humors, &c.

But for the better performing, and effectuall working in these causes, the course of the learned Physiti- on is to be desired and bled.

The best & meetest signes to sweat in, are A. V. and Sagittarius,

Saturnus, and that two or three dayes after the change and at the full of the moone.

And note that sweatings is better to bee done in the evening then in the morning, for when the body hath nourishment within, the spirits shall not be drawne utterly forth to the extreame parts: Note farther, that leane folkes and dry or feeble persons, must sweat little, for it will hurt them much, but fat folkes may sweat well, and it will doe them much good.

A briefe description of the Foure Quarters of this yeare of our Lord God, 1626.

Winter, (which is the chiefeft capitall foe for the Spring, the disgrace of Summer, and the deuourer of the fruitfull Haruest) began to take his effects, according to our vsuall computation, the 12. day of December in the yeare aforesaid, at the first entrance of the Sun into the first minut of the signe γ . at which time the sun shall be at his greatest South declination from the Equinoctiall line, so that he riseth south-east, and setteth South-west. Now is the Wiemall or winter Solstice, for the Sun is so farre remoued from our Zenith or verticall poynt, that hee cannot decline any further, and stands at a slope or Ray, and then is the shortest day and longest night in all the yeare, and so this quarter doth continue vntill the 11. of March next following.

This season is by nature cold and moyst, vnpleasant for the most part to travellers either by Land or Sea, and vnto aged persons, it is very combrous and noysome, causing superfluitie of rawnesse, and abundance of cold moystnesse to ouerflow their bodyes, to their great troubles and disquietnesse.

The

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The diseases or sicknesses, are likely to be such as
usually attend this quarter, as Poles, hoarseness, ca-
tarrhes, gout, unconstant Agues, and such like, an-
swerable to the condition of the season.

Thus will the starres, if God assent,
Whose power alone, can all prevent.

Of the Spring.

The Sun (which is the eye of the world, the foun-
taine of light, and the chiefe moderator of all the rest
of the lights) hath like a Gyant run his race, and fini-
shed his revolution (Gradatim) throughout the twelve
signes, and now beginneth his iourney afresh againe,
and goeth an even course, and so becomes an indiffe-
rent Arbitrer, betwene the day and night, and maketh
an equality throughout his whole gouernement, to the
great ioy and comfort of all his renewed Subiects,
cheering with his splendent countenance the poore af-
flicted weather-worne wordes of this our darke starre
of mortality (which the darkened countenance of win-
ters extremity had almost subdued) with his excellent
presence, whereat the earth begins to smile, and to put
new apparrell and fresh liuerie of fresh Flora.

This season is by nature hot and moist, the tempe-
rate time of all the yeare, and the least breeder of sick-
nesses that both procure death, and a very convenient
time for the removing of sicknesses and griefes got-
ten before, and also to annoy and prevent those that
are to come: For now the dull senses and spirits of man
& other creatures, are quickned & renewed, & therefore
the humors which doe abound, and are readiest to re-
presse nature, are fit to be emptied and annoyed, whe-
ther by bloodletting, purging, or otherwise, as the lear-
ned

nied Physitian shall aduise, and as the cause of the disease shall require, such therfore as be diseased, let them not neglect this time.

Sundry infirmitie & diseases are thzeatned this quarter, as paynes in the head and eyes, Tertian feuers, small poxe, betters, impostumes, obstructions, with many other such diseases; which the Lord keepe from vs.

Infections from the Starres may fall,
But one about doth stay them all.

Of Summer.

Summer the third part of our bulgar yeate according to our bluall computation, now when the Sun hath fully determined the Spring time with his last grade of Gemini, and hath mooued in his motion to the highest point of his course, namely to the first degree of Can. which shall be this yeare on the 12 of Iune. Now is the second Solstice of the yeare called the estiuall or summer Solstice, for euen as the Sun when he entreteth into Capri: hath his greatest South declination, from the Equinoctiall line, so now at his ingresse into the beginning of Cancer, hee hath his greatest declination towards the North from the sayd Equinoctiall line, & euen then, as at the time of winter Solstice, he was so farre removed from our verticall point, that he could not mooue no further towards the South, and was therfore to approach againe towards our North Latitude, at which time hee seemeth to stand: so now being come so nere our Zenith, that hee cannot mooue no farther towards the North, and is therfore to reuert againe towards the South Latitude. At his first going from vs hee seemeth also to stand, insonmuch that
euen

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even as before at his returne towards vs againe hee made with vs the shorrest day and longest night in the yeare, so now at his return from vs he maketh with vs contrary wise, the longest day & shorrest night in $\frac{1}{2}$ yeare: And afterwards declineth moze and moze from vs, like as before he mooned moze towards vs.

This season according to his propper nature is hot and dry, turning the humors of mens bodies, from coldnes and moisture, into hotnesse and drynesse, resembling the element of fire, and complexion of chollier, byinging all fruits to their ripenesse, cattle to their fatnesse, and men to their wealth.

Griefes and diseases incident vnto this quarter, are Pluricies, burning feuers, Frinles, inflammations, and such other distemperatures of the heate of blood & colloz, which may cause dangerous diseases.

Though Starres incline to worke vs ill,
All shall be as the maker will.

Of the last Quarter called Autumne.

Autumne, according to our accustomed computation the last quarter of this yeare, beginneth at the Suns departure from the last scruple of Virgo, into the first degree of the second equinoctiall signe Libra, the which will be this yeare on the 14 of September, the day & night being of an equall length as in the spring: At which time is $\frac{1}{2}$ Autummal equinoctial, for even as at $\frac{1}{2}$ Suns entrance into γ the day by increasing from the winter Solstice till then, came to be equall with the night, going on still moze and moze till the Summer Solstice, when was the longest day and shorrest night. So now the night by increasing from $\frac{1}{2}$ estiuall Solstice, to this the Sunnes ingrediance into α , hath got
to

to be equall with the day, and shall increase more and more, till the byrnmall Solstice come againe, when the night is longest and the day shorrest. This time of the yeare, is of it selfe vnconstant and variable, warme in the day time, and cold in the night.

This quarter because of the inequalitye of temperature, may as Hippocrates sayth, be called the mother or nurse of deadly sicknesses. And Galen sayth, that this time of the yeare is very dangerous for taking of sicknesses.

The infirmities of this season, are supposed to be Quartane Agues, oppilations of the spleene, Jaundies, hemroids, dropsies, falling-sickness, with many other melancholy diseases: The Lord of his infinite mercy, turne all evils from vs, Amen.

Thus euery Planet in his kinde,
Is to performe the Almighties minde.

A declaracion of the inclination of the weather and winds according to the diuers motiōs & influences of the erraticall & fixed starres: with the day, houre, & minute of the change of the moone, her full, & quarters: & also of the rising & setting of the Sun, in euery 7 day of euery moneth of this yeare.

Of Ianuarie.

Day	The Sun riseth.	The Sunnesetteth.
1	hou 8 and 3 min.	hou 3 and 57 min.
7	hou 7 and 56 min.	hou 4 and 4 minu.
14	hou 7 and 46 min.	hou 4 and 14 min.
21	hou 7 and 34 min.	hou 4 and 26 min.
28	hou 7 and 23 min.	hou 4 and 37 min.

Full moone the 2. day about 1. of the clocke in the afternoone, some fall of moisture.

Last quarter the 10 day 33 min. after 4. in the afternoone, windy and vnconstant.

Next

A Prognostication.

New Moone the 17 day 33 minu : after 10 at night.
cold and cloudy.

First quarter the 24 day 27 min: after 1 in the after-
noone, winterly weather.

Ianuaries Abstract.

In this moneth let not blood, neyther vse but litle
Phisicke, except great necessitie constraines thee, and
beware of taking cold, for in this moneth Rheumes &
flegme doe much increase : to fast long is hurtfull, but
to drinke white wine fasting is good & wholesome : vse
meates that are naturally hot, moderately, and weare
warme clothes.

In wooldly busines, this moneth you may set all
kind of common fruit trees, or plants, as Pare, Plum,
Cherrie, Filberd, Walenut, & such like, Hawthorne,
and all sorts of quicksets; trees or plants, are fittest to
be generally set from the change to the first quarter.

Take away Mousse and superfluous branches from
your trees, and this moneth is good to set Beans,
pease, parsnips, Radish, leekes, garlick, turnopes,
and onions, if the weather be milde, and the moone past
her full, you may begin to graft, at 5 end of this month,
so as the moone be increasing in her light.

Good husbands also this Moneth, crop their trees,
fell timber, and geld cattell, such as may be gelded, the
state of the Moone alwaies considered.

Of Februarie.

Day	The Sun riseth.	The Sun setterh.
1	hou. 7 and 13. min.	hou. 4. & 47 min.
7	hou. 7 and 4. min.	hou. 4. & 56 min.
14	hou. 6. and 50. min.	hou. 5 & 10. min.
21	hou. 6. and 34. min.	hou. 5 & 26. min.
28	hou. 6. and 22. min.	hou. 5 & 38. min.

FIN

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Full moone the 1 day 52 min: after 6 in the morning
sitting to the season.

Last quarter the 9 day 51 min: after 10 in the foren.
vncōstant and wauering.

New moone the 16 day 49 min: after 8 in the mo: :
some flozme to be expected.

First quarter the 23 day 9 min: after one in the mo: .
Winterlie weather. Februaries Abstract.

In this moneth, all slimie fish, milke oz Rice, and
such like, that doe oppilate oz stop the Luyer & baynes,
oz thicken the blood, are to bee eschewed as enemies to
health, also yet forbear phisicke & letting of blood, ex-
cept great necessity doe vige, & learned counsell doe ad-
uise you, beware of taking cold, for now Agues are apt
to be taken, and it is very ill to take heates, and after-
wards suddaine cold vpon them. Now is the most apt
time to graft, to plant, & to set al kind of trees, & bushes
the wind, & weather, & the age of the moone afozehand
considered: pease, beanes, hastings, onyons, parsnips,
and such like as in Ianuary, may very fitly be set in the
wane of the moone. The time is now to trim vp gar-
dens, to set & sow al kind of kitchen hearbs, to set slips,
sow kernels, musterdseed, cates, set hoptes, vines, cut &
prime them, sticke vp your rounsilal pease, & Hastings.

Of March.

Day	The Sun riseth.	The Sunne setteth.
1	houres 6 and 20 min.	houres 5 and 40. minuts.
17	houres 6 and 8. min.	houres 5 and 52. minuts.
14	houres 5 and 54 min.	houres 5 and 6. minuts.
21	houres 5 and 40 min.	houres 6 and 20. minuts.
28	houres 5 and 26 min.	houres 6 and 34. minuts.

Full Moone the 3 day 14 min: after one in the mo: .
apt for the time.

Last quarter the 11 day 31 min: after one in the mo: .
somewhat cloudy.

Now

Noue. 1626,

New moone the 17 day 55 min. after 5 at night, reasonable temperate.

First quarter the 24 day 55 min. after 3 in the afternoon, some fall of moisture.

Marches Abstract.

In this Moneth the humors of mans body doe begin to increase: and now grosse feeding breedeth grosse blood and grosse humors; and therefore vse meates of good digestion, and such as breed good issue: it is a good time to purge and clarify the blood, by potions, Bathings and blood letting, or such other waies, as the learned Physitian shall appoynt, & as the cause of the disease shall require, Now also swete meates and drinckes are commendable.

The time of grafting as yet endureth, together with setting, sowing, proryning, & plashing of Vines, hops, willowes, Dates, field-pease, Onions, Parsenips, & such like, &c.

Of Aprill.

Day	The Sun riseth.	The Sun ne setteth
1	hou 5 and 18 min.	hou 6 and 42 min.
7	hou 5 and 6 min.	hou 6 and 54 min.
14	hou 5 and 54 min.	hou 7 and 6 min.
21	hou 4 and 39 min.	hou 7 and 21 min.
28	hou 4 and 29 min.	hou 7 and 3 min.

Full the first day 16 min. after 7 at night, answerable to the season.

Last quarter the 9 day about halfe an houre after high noone, windy and vnconstant.

New moone the 16 day 38 min. after 2 in the morning, inclined to change of weather.

First quarter the 23 day 36 min. after 6 in the morning, reasonable and temperate.

Aprils Abstract.

In this month of Aprill, 4 pores of mans body are opened,

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opened, & apt to receiue phisicke: & they that refuse the same, I commit them to the benefit of nature, for of all times of the yeare, this is the best time to prevent causes of sicknesses, or for speedy remedy in extremities: For now nature doth renew strength through all the body. So where sickness happeneth, shee soone unburdeneth by the meanes of Phisicke: wherefore what it cannot doe now, hereafter it will hardly bee done, therefore take time whilst time is, &c.*

As yet you may graft and prouine vines, and also set melons, cucumbers, citrons, hartshokes, and pole by Hoppes, soe Barly, Tanners apply themselves to barkings of Trees, &c. Of May.

Day	The Sun riseth.	The Sun setteth.
1	houres 4 and 23 min:	houres 7 and 37 minuts
7	houres 4 and 15 min:	houres 7 and 45 minuts.
14	houres 4 and 5 min:	houres 7 and 55 minuts.
21	houres 5 and 56 min:	houres 8 and 4 minuts.
28	houres 5 and 50 min:	houres 8 and 10 minuts.

Full moone the 1 day about 10 in the forenoone, some showers.

Last quarter the 8 day 47 min. after 7 at night, pleasant weather.

New moone the 15 day 27 min. after 11 in the forenoone, stormy and vnconstant.

First quarter the 22 day 19 min: after 11 at night, subiect to some change.

Full moone the 30 day 58 min: after 10 at night fitting the season. Mayes Abstract.

In this moneth rise early, for may doth not loue any sluggards, and let such as be in health and able, walke into the field, and to eate and drinke betimes is good & wholesome, abstayne from all meates as be of a hot nature, and such as be sicke, it is a very good time to be let blood, or to take phisicke. Such as bee whole, God keepe

keepe them in health, & such as be sicke, God send them good Physicians and phisicke.

The time is now sitting to sow Bazill, marierom & such fine seeds as befoze might not be sowne because of the coldnesse of the weather, set Sage according to the prouerbe, set sage in may & it will last alway, sow flaxe and hempe, set hartichokes, weed your hops and gardens, see to your grafts that no superfluous branches trouble them: may dew, rosemary flowers, and beane flowers, may at your pleasure be distilled this moneth, and now also haue a care of watching your bees.

Of Iune.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 49 minuts	houres 8 and 11 minuts
7	houres 3 and 46 minuts	houres 8 and 14 minuts
14	houres 3 and 47 minuts	houres 8 and 13 minuts
21	houres 3 and 49 minuts	houres 8 and 11 minuts
28	houres 3 and 52 minuts	houres 8 and 8 minuts

Last quarter the 7 day 17 min: befoze 1 in the moyn, hot and pleasant.

New moone the 13 day 18 min. after 9 at night, euers casting clouds.

First quarter the 21 day 34 min. after 4 in the aftern apt for the time.

Full moone the 29 day about 10 in the forenoon, faire weather.

Iunes Abstract.

In this moneth if thou must neeas vse Physicke, take it in the morning early, that it may haue wrought befoze the heate of the day, and vse a light and thin diet, for the stomacke is not so able to digest as in winter or some other of the former moneths, it is very good and conuenient for some to drinke clarified whey boyled with cold hearbs, and to abstayne from violent exercise, distilling of roses, making of sirrops, & conserues, are now in prime, now gather such hearbs as you meane to

A Prognostication,

keepe all the yeare, but be sure you dye them in the shade, good husbands and huswines, are now sowing their cozne and gardens, and other shearing their sheepe, the time serues to set rosemary & gilliflowers: take heed of cutting either hedge, tree, or hearbe with kniue, but rather gather them with your fingers, now you may set fasschen, carry out compost, make hay, rid Gardens of snaples, ants, or pismiers. Of Iuly.

Day	The Sunne riseth.	The Sunne settech.
1	houres 3 and 54 minu.	houres 8 and 6 minuts.
7	houres 3 and 59 minn.	houres 8 and 1 minuts.
14	houres 4 and 7 minu.	houres 7 and 53 ments.
21	houres 4 and 20 minu.	houres 7 and 40 minuts.
28	houres 4 and 30 minu.	houres 7 and 30 minuts.

Last quarter 6 day about 5 in the morning, pleasant and faire.

New moone the 13 day 45 min. after 8 in the moyn: somewhat vnconstant.

First quarter the 21 day 39 min. after 9 in the moyn: some showers.

Full moone the 28. day 22 min: after 7 at night, apt for the season. Iulius Abstract.

In this moneth vse cold hearbs, and cold meates, abstayne from physick, and now 5 Waters are moze wholesome then the Bathes, let the sun bee by before you walke abroad. In the time of the Plague or Pestelene keepe your chamber window shut, opening it when the sun hath force of shining, and be sure to perfume your Chambers euery euening with Tar put on a Chafin dish of coales, then which nothing is better, & let them vse Cardus Benedictus boyled and drunke fasting.

May harvest now calleth slacke husbands to worke, and such as haue leasure, it is good to sallow for wheat, and to carry out soyle, and to gather seeds and flowers to keepe all the yeare, and to dye them in the shade, till they

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they be almost day, and then set them a while in the sun,
and in like manner may you vse your hearbs.

Of August.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 4 and 36 minuts	houres 7 and 24 minuts
7	houres 4 and 48 minuts	houres 7 and 12 minuts
14	houres 5 and 0 minuts	houres 7 and 0 minuts
21	houres 5 and 16 minuts	houres 6 and 44 minuts
28	houres 5 and 27 minuts	houres 6 and 33 minuts

Last quarter the 4 day 15 min. after 10 in the forenoon.
somewhat windy.

Full moone the 11 day 14 min: after 10 at night, apt
for the season.

First quarter the 10 day 55 min. after 1 in the noon:
stormy and vnconstant.

Full moone the 27 day 50 min: after 3 in the noon:
windy & vnconstant. Augusts Abstract.

In August moderate dyet is good physicke, for now
it is very dangerous to surfit, & take good heed of heats
& then of colds, for nothing sooner ingendzeth pluresies
And vse not to sleepe much, & especially after noone, for
making oppulations, & for auoyding of Agues, and the
head-ach, and cattherres. And let a man abstayne from
physicke except great necessity doe compell. Now Lady
Ceres, lookes to haue men enough to attend her. They
that would haue good seedes for their Garden the next
peare, must now gather of their owne, least in buying
they loose their money & labour. And such as desire to
haue lettice or other hearbs for winter, may sow seedes
in the increase of the moone.

Of September.

Day	The Sunne riseth.	The Sun setteth.
1	houres 5 and 34 minuts	houres 6 and 26 minuts
7	houres 5 and 46 minuts	houres 6 and 14 minuts
14	houres 6 and 2 minuts	houres 5 and 58 minuts
21	houres 6 and 14 minuts	houres 5 and 46 minuts
28	houres 6 and 28 minuts	houres 5 and 33 minuts

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Last quarter the 2. day 12. minuts after 6 at night,
windy and stormy.

New moone the 10 day 5 2 min: after 1 in the after-
noone, sitting the season.

First quarter the 18 day 5 2 min: after 4. in the after-
noone, reasonable temperate.

Full moone the 25 day 20 minuts: after high noone,
somewhat windy.

Septembers Abstract.

In this moneth, such as haue need, may safely take
Physicke, & also may bath and bleed, in this moneth
all things are in their proper vertue, and such fruits as
are ripe and not infected, are good to cate for such as
haue good stomackes.

The tyme is good to make conserue of Barberies, &
Quinces. winter hearbs must be now sowne, like-
wise is the time to set hartichokes, rose trees, apples,
peares, wardens, strawberries, violets, gilliflowers,
Apples are to be gathered at the full of the moone, sow
persenips, & in dry weather gather your hopps: good
husbandry is sowing Rie and Wheate, and good hus-
wuerie is making of Meriuyce, & plucking of Hemp.

Of October.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 6 and 34 minuts	houres 5 and 26 minuts
7	houres 6 and 46 minuts	houres 5 and 14 minuts
14	houres 7 and 0 minuts	houres 4 and 0 minuts
21	houres 7 and 15 minuts	houres 4 and 45 minuts
28	houres 7 and 26 minuts	houres 4 and 34 minuts

Last quarter the 2 day 45 min: after 5 in the mo: :
windy and stormy.

New moone the 10 day 13 min: after 7 in the mo: :
apt for the season.

First quarter the 18 day 53 min: after 5 in the mo: :
reasonable temperate.

Full

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Full moone the 24 day 26 min: after 9 at night, cloudy and vnconstant.

Last quarter the 31 day 12 min: after 9 at night, answerable to the season. Octobers Abstract.

In this moneth thou maiest take physick, & also bath if occasion serue, vse hot meates, and drinckes, any good wholesome wines to nourish good blood. And be ware of taking cold, because the quartane Ague will be apt to be taken, & such other dangerous diseases. Remove yong trees, as apples, peares, quinces, roses &c. Set pease, parsenips, &c. Good Husbands neede not be hasted to sowing of wheate; set Nuts, Alcornes, and filberds, and to doing of such good husbandry.

Of Nouember.

Day	The Sunne riseth.	The Sunne riseth.
1	houres 7 and 33 minuts	houres 4 and 27 minuts
7	houres 7 and 42 minuts	houres 4 and 18 minuts
14	houres 7 and 52 minuts	houres 4 and 8 minuts
21	houres 8 and 3 minuts	houres 3 and 57 minuts
28	houres 8 and 9 minuts	houres 3 and 51 minuts

New moone the 9 day 56 min: before 1 in the mo: : wauering and vnconstant.

First quarter the 16 day 37 min: after 4 in the afternoone, somewhat cloudy and cold.

Full moone the 23 day 46 min: after 7 in the mo: : inclined to moysture.

Last quarter the 30 day 55 min: after 3 in the afternoone, windy and cold. Nouembers Abstract.

In Nouember finish the phisicke that ye meane to take, & so rest till March, except some great necessity doe constrainne you, vse good meates & wholesome wine to nourish the blood, provide thee warme cloathing, goe dry on thy feet, or else make sure account of Rheume and palse, besides some other inconuenience that will ensue. Beware of the hot-house this moneth, and vse Betony and Cinamon in drinke. In

A Prognostication.

In the new moone you may re noue pong trees, as in the last moneth, and set crab-tree stockes to graft vpon when you please. It is a good time in the wane of the moone to set pease, beanes, and if the weather bee not to hard, it is good sowing of Parsenips, good making of mault, and killing of Bees and swine.

Of December.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 8 and 12 minuts	houres 3 and 48 minuts
7	houres 8 and 14 minuts	houres 3 and 46 minuts
14	houres 8 and 15 minuts	houres 3 and 45 minuts
21	houres 8 and 12 minuts	houres 3 and 48 minuts
28	houres 8 and 7 minuts	houres 3 and 53 minuts

New moone the 8 day 45 min: after 6 at night, frost and cold.

First quarter the 16 day 26 min: after 1 in the moy: Windy and vnconstant.

Full moone the 22. day about 8. at night, winterly weather.

Last quarter the 30 day 44 min: after highnoone, some fall of moisture.

Decembers Abstract.

In this moneth of December, keepe thy body and head from cold, & eate such meates as be of a hot quality, abstayne from Ppylike, and let thy Kitchen bee thy Apothecary: warme cloathing thy Purse, merry company thy keepers: and good hospitality thy exercise.

Remoue Trees & Bushes as aforesaid in Nouember, if the weather proue not too extreame. In the wane of the Moone, set Beanes, Pease, & those hearbes that cannot indure the cold, couer them with straw or other prouision, from the frost and snow.

Soli sapienti Deo, sola gloria.

FINIS.